Name: _____   Block:_____

9th Grade Naviance Lesson: Do What You Are!

Step 1: Log on to *Tualatin High School website home page*

Step 2: On right menu select *Naviance* under "Fast Links"

Step 3: In the email box enter your student email (grad year + last name + first initial @ttsdstudents.org)

Example = if your name is Paul Smith the email would be: 19smithp@ttsdstudents.org

Step 4: Enter your password (first name initial (CAPS) + student ID # + last name initial (lowercase)

Example = P186753s

The next page is your Family Connection home page. This page gives information about the Tualatin High School Student Services and is the launching point into all aspects of the program.

1. On the right side of the home page click on [envelope icon] to see if you have any email messages from your counselor or Naviance. All messages will go here and to your email address that you entered on your registration page. Also pay special attention to the **Updates** for any news at TuHS.

2. Click on **About Me** tab on top left of the home page**.** You will see two category headers, "**Interesting things about me"**, and "**Official things about me"**. Each header will have numerous links attached**.** The "**Interesting things about me"** header will be related to personal information specific to you, and each link will require your input. The "**Official things about me"** header will contain official information which TuHS counselors have entered. Please keep the information under your **profile** and **account** current, and notify us if there is incorrect information under your **test scores**. We will use your **profile** information to contact you about important, events, scholarships and notices (i.e. class meetings, college rep visits, etc.).

3. Notice the **resume** link under the "**Interesting things about me"** category**.** This is where you keep a record of all your awards, activities and accomplishments throughout your high school years. This will help you have all this information in one place for your college applications.

4. Click on **Do What You Are** link under the **"My assessments"** category**.** The **Do What You Are** personality assessment is linked to the Myers-Briggs Personality Inventory, which is used in business and education around the world. You will take this assessment to discover your basic personality type as well as possible career paths that are connected to your personal interests and goals. You can also use the results to explore suggested college majors and careers based on your preferences and strengths. Complete the survey now.

*THE **DO WHAT YOU ARE** ASSESSMENT WILL TAKE ABOUT **20 MINUTES***

5. Read through your results carefully. When you are done, on this page note the 4-letter code that identifies your personality type

6. **.**
Does this code fit with your personality? Explain why or why not using examples.

7. While everyone is finishing, read through the attached pages on Naviance about your personality type. After reading through the description on Naviance you may enter the following URL into a new browser http://www.personalitypage.com/html/careers.html.

Answer the following QUESTIONS independently:

8. What is one aspect of your personality type that came out on the assessment that you would agree is most true of you? Why?

9. What is one job/career that this assessment identified that might be a real possibility for your future? Why?

10. Look through the list of possible personality types under http://www.personalitypage.com/html/careers.html. What are some **other** possible personality types which you feel describe you accurately?

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Do What You Are: Follow Up

11. After you have completed the "Do What You Are" assessment, you will need to read the final report that is created by Naviance. This report will help you better understand your results on a deeper level. You will also begin investigating the list of possible careers that would be satisfying to a personality like yours. See below.

12. As you are looking through the list of related careers, begin a list of careers that interest you or sound appealing. If there is a career that is of interest to you and it is not on this list, you can still write it below. Keep track here (list at least 4 careers that interest you):

-

Once you have a list of 4, narrow it down to just one career; the one you are most interested in and change the font color to **red**.

_____

13. Now you will begin the process of backwards mapping. Once we know where we want to end up (a specific career), it is of utmost importance to carefully plan our steps in backwards order so that we know what we need to do right now.

[This is the career I want] → [This is the degree/certification required] → [This is a school that offers that program/degree] → [That school has these requirements] → [These requirements mean I need to take X class and get X GPA]

Let's say for example that the assessment indicated you would find Education/Teaching as an excellent career choice. Your job now is to identify what you need to major in/study in order to achieve that career. If Education/Teaching is your pick, you would need to study Education in College. Another example: if your career pick was a doctor, you would could get a degree in Biology or Pre-Med.

What degree or certification is required or recommended for the career of your choice?

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14. Now that you know what certification or degree is required for your ideal career, it is time to find a school! Are you interested in a junior college, a community college, a trade school, a professional school, a 4-year university, a state school or a private school? You have have some parameters for your school search (program/degree required for your career) and you will also need to consider what other factors go into your search (how far away from home, size of campus, population statistics, public vs. private, how many students go there, etc).

Follow the steps below to begin researching colleges:

1. Click on the big tab labeled "COLLEGES" on your Naviance homepage
2. Under the subtitle, "College Research" choose the "SuperMatch™ college search"
3. On the left hand column of the new window will be a list of filters you will use to start narrowing down your college search. You will need to go to the second one, "Majors" and be sure and list the degree you will need to study in order to land the career you want (from the results of the assessment).
4. You can apply any filter that you feel is important after that until you feel you have found a school that matches you.

Below are links to options outside of the traditional 4-year option:

● https://www.pnci.org/ This is Pacific Northwest Carpentry Institute's website. This is a great example of a local, legitimate trade school.
● http://www.trade-schools.net/programs.asp This website will be a great resource if you are interested in pursuing a trade or profession where you will be trained outside of a 4-year university.
● https://www.oregonculinaryinstitute.com/ This is the Oregon Culinary Institute, a division of Pioneer Pacific College, is Portland's only locally owned and operated culinary institute.
● https://www.artinstitutes.edu/portland This is the Art Institute of Portland offering programs in Interior & Product Design, Visual Design, Animation & Effects, Film & Production, Gaming & Technology, and Fashion.
● http://www.nwelectricaltech.com/ - Northwest Institute of Electrical Technology - develops and delivers a top level education to electrical apprentices, contractors and journey level workers within the Open Shop Electrical community.

15. Once you have a list of colleges, it is time to begin your research! Naviance provides (almost) endless information about schools - once you have identified a few of your favorites, begin researching them more in depth. Keep track of your top choices below:

●

Once you have a list of 4, narrow it down to just one career; the one you are most interested in and change the font color to **red**.

At this point, you should identified your top choice! Congratulations! You will now complete a College Banner based on your choice. See Google Classroom for instructions.